

Summer Family Handbook



Welcome to Boys & Girls Clubs of North San Mateo County. On behalf of the Board of Directors, staff, volunteers, and all the Club members, I would like to welcome and thank you in advance of your fantastic support, involvement, and numerous contributions that make Boys & Girls Clubs of North San Mateo County an outstanding organization. Your commitment will be transformational and create positive change for the wonderful young people that utilize this vital program.

At our Clubs, we are committed to investing in the youth of our community, and we take pride in the impact our programs have on families and youth. That commitment is strengthened by your compassion, concern, and investment in these young people and their future. We believe parents are the main influence in children's lives. Our goal is to build a relationship with your child and with your family.

The mission of Boys & Girls Clubs of North San Mateo is to inspire and enable young people to realize their full potential and contribute to their communities. Our Club is a unique organization with locations throughout Pacifica. Our programs are designed to expand on the school day by offering dynamic academic, social, and recreational enrichment programs to members 5 - 18 years old. These programs are organized into four core areas: Academic and Career Development, Health and Fitness, Leadership, and Citizenship. Our Club programs promote and enhance the development of young people by instilling a sense of competence, usefulness, belonging, and influence.

Once again, welcome to the Boys and Girls Clubs of North San Mateo County!

Sincerely,

Mondy Lipp

Mandy Lipp Executive Director



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Who We Are

Our Mission...

It is our mission to inspire and enable young people to realize their full potential and contribute to their communities.



Our Vision...

With a tireless commitment from our staff, our families and communities, the Boys & Girls Clubs of North San Mateo County aims to ensure that all youth who walk through our doors, will exit the clubs having achieved academic success by gaining the 21st century skills needed for future success, and developing a plan during their time at the Club that facilitates the reaching their life goals.

We instill values, promote decision making, and teach our youth to make healthy choices and be physically active daily to benefit their minds, bodies, and spirits as they emerge in the world as adults.

The vision is complete when we know that each youth exhibits a positive sense of self and others, and is committed to giving back to their communities as committed leaders and successful citizens of the world.

What We Do...

We provide a safe place where all children and youth are welcome and can belong.

We deliver a range of fun and engaging programs to support youth in finding their passion.

We nurture positive relationships that inspire a sense of hope and opportunity.

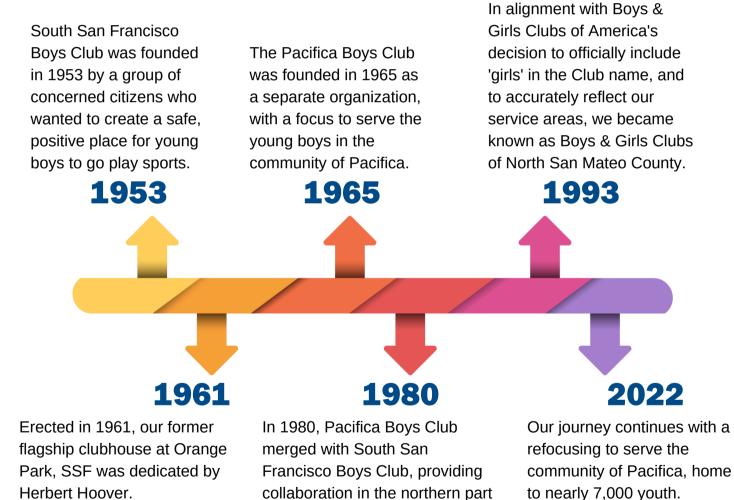
We guide our members in developing the attitudes and behaviors they need to succeed in school, become economically self-sufficient and develop healthy family and community relationships.

Who We Are

Our History...

For over 70 years, the Boys & Girls Clubs of North San Mateo County have been a community staple and a positive, driving force for youth development and academic empowerment. Today, we are elevating our legacy by ensuring that our youth's future academic success and a future in today's workforce is equal and accessible to all youth in our communities.





Today, our organization includes four locations: Yosemite Drive Clubhouse, Ingrid B. Lacy Middle School Clubhouse, Sunset Ridge Elementary Clubhouse, and the Ortega Elementary Clubhouse, serving more than 1000 youth annually.

of San Mateo County

Who We Are

Why Our Parents Matter...

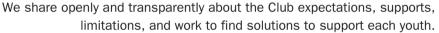
At our Club, we understand that every person has unique experiences that impact the way we learn, think, grow, and connect with others. We are committed to being an organization that understanding and responds to these experiences. We know how valuable safety and trust are to building our relationship with you. By working together, we are more aware of how to support the health and wellbeing of both you and your children. Our hope is to connect and growth with you for the duration of your time with us. We are committed to intentionally integrating the following elements into our daily interactions and communications:





We learn about the physical and emotional safety needs of each youth. We work to integrate feedback and suggestions to create a safer Club.

Safety





We learn from families about stressful, challenging, and traumatic experiences that may have contributed to their child's development and abilities. We use this knowledge to create a better Club experience.

Awareness



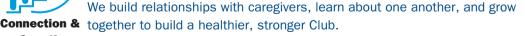
We learn from families about the unique needs of their child, and work to integrate practices that ensure their needs are being met.

We learn from families about stressful, challenging, and traumatic experiences that may have contributed to their child's development and **Empowerment**, abilities. We use this knowledge to create a better Club experience. Voice & Choice



We work to achieve true partnership by eliminating the power structures that exist between Club professionals and caregivers.

Growth







Equity



Mutual Connection

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Our Clubhouses...

Administrative Offices & Yosemite Clubhouse

955 Yosemite Drive Pacifica, CA 94044 650-355-1334

I.B.L Middle School Clubhouse

1427 Palmetto Avenue Pacifica, CA 94044 650-676-9633

Ortega Elementary School

Clubhouse

1283 Terra Nova Blvd Pacifica, CA 94044 650-296-5439

Sunset Ridge Elementary School Clubhouse

340 Inverness Drive Pacifica, CA 94044 650-534-7067







The Clubs have changed my life and the way I feel about myself. Not only do I have more confidence to do the things that matter most to me, like playing baseball, or competing in marathons; I also learned the value of being part of a community.

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Programmed for Success...

Our Clubs offer nationally and locally developed programs to our members. Providing safe, fun, affordable activities for children when they are out of school and their parents are working. We provide programming in the following areas:



Power Hour

Power Hour is a mandatory program for all Boys & Girls Clubs. The program assists members with their homework and academic needs. If a member does not have homework, we offer a variety of academic enrichment activities during this time.

Sports, Recreation, and Leagues

Throughout the year, we offer a range of athletic programs to support youth engaging in a healthy lifestyle. Offered at the IBL Clubhouse for Middle School youth, and the Yosemite Clubhouse for Elementary School youth, our calendar is filled with rotating sports: flag football, volleyball, basketball, baseball, futsal, and more!

Arts Education

We provide an array of visual and performing art programs. We build creativity, self- expression and the understanding and appreciation of the Arts.

Triple Play

A health and fitness program that includes nutrition education, regular physical activity, and skills for improving overall well-being.

Torch Club

Members aged 11-13, inspires young adolescents to plan and implement activities in four areas: service to Club and community; education; health and fitness and social recreation. Torch Club members develop social, problem-solving, communications, goal-setting and decision-making skills.

> BOYS & GIRLS CLUBS OF NORTH SAN MATEO COUNTY

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Programmed for Success...

Healthy Habits & Nutrition

Healthy Habits is a specific portion of the Triple Play Program which demonstrates how eating right, keeping fit and forming positive relationships adds up to a healthy lifestyle for Club members. The program equips young people with skills to adopt healthier habits by participating in fun and engaging learning activities both at the Club and at home. Young people are encouraged to take small steps towards positive behavior change.

Smart Girls

A program that combines health, fitness, prevention education, and self-esteem enhancement for girls ages 8-17. Participants explore their own and societal attitudes and values as they practice life skills for nutritional eating, physical fitness, accessing the health care system, resolving conflict and building healthy mentoring relationships.

Games Room

The games room is the heart of every clubhouse, and provides an opportunity for free play as well as structured fun and games daily.

Keystone Club

A leadership development program for high school aged youth. Young people are given the support to make plans for their future, as well as to serve as role models for younger children by implementing service projects inside and outside the Club.

Clubs at the Club

This program is a Club original, offering hands-on, fun experiences for youth of all ages. The clubs we offer vary depending on location, member interest, staff interest, and age groups. The clubs are designed to provide immersive projects, real-world situations, and encourage an inquisitive mindset.

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BOYS & GIRLS CLUBS OF NORTH SAN MATEO COUNTY

Summer Enrollment...

The Boys and Girls Club programming is designed for youth who can function within a 1:20 (1 staff for every 20 youth) ratio (2nd – 8th), or 1:10 ratio (TK, Kinder, 1st Grade) and still fully participate in club programming. **The club is not appropriate for children requiring 1:1 care or supervision without district or parent-provided supports. The summer program is open to members ages 5-18.

**All children are welcome at the Boys and Girls Club. However, Club staff and volunteers are not trained in working with children with special needs. Please discuss your child's needs with Club staff in order to determine whether the Club is a good fit.

	TK, K, 1st Grade Weekly Rate	2nd - 8th Grade Weekly Rate
Week 1 June 16 - 20	\$430	\$360
Week 2 June 23 - 27	\$430	\$360
Week 3 June 30 - July 4	\$385	\$325
Week 4 July 7 - 11	\$430	\$360
Week 5 July 14 - 18	\$430	\$360
Week 6 July 21 - 25	\$430	\$360
Week 7 July 28 - Aug 1	\$430	\$360
Week 8 Aug 4 - 7	\$385	\$325

Program Fees & Policies Annual Summer Membership Fee \$25

Scholarships

We uphold the value to serve ALL youth who are able and want to attend our programs, regardless of

economic status.

If you are interested in our Scholarships, please speak with your Site Supervisor. All need-based scholarships are available on a first-come, first-served basis. Please submit a 1040 tax form listing all child(ren) as dependents as well as a scholarship application.

Payment Policy

All payments must be made on the Parent Portal (portal.theclubs.org). We do NOT accept in-person payments.

- Payments are deducted the first of every month. A late charge of \$15 may be added if fees are not paid by the first.
- Payment must be received BEFORE your child may attend the Club.
- If you have an outstanding balance, you may not register for other Club services until it has been paid in full.
- Written notice is required when cancelling a service, and must be made at least 10 business days before the start of the month and/or camp session.
- There will be no refund for cancellations made less than 10 business days before the start of month and/or camp session
- There will be no refund or credits for any illness, missed days of program, suspension, or expulsion.

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A Day in the Life...

Below are examples of typical daily routines at our Clubhouses. To find out more, please speak with your Site Supervisor.

Sample Summer Daily Routine

8:00a - 9:00a	Welcome AM Snack Open Rec
9:00a - 9:30a	Triple Play Large Group Game
9:30a - 10:45a	AM Activities
10:45a - 12:00p	AM Outdoor Activities
12:00p - 1:30p	Lunch Power Hour Electronics
1:30p - 3:00p	Clubs at the Club
3:00p - 4:00p	PM Snack Open Rec Games Room
4:00p - 5:30p	PM Activities
5:30p - 6:00p	Quiet Activities Club Closes

Sample Summer Field Trip Routine

8:00a - 9:00a	Welcome Sunscreen Rules Group Assignments
9:00a - 4:00p	Field Trip
4:00p - 5:00p	Transportation back to Clubhouse
5:00p - 6:00p	Arrival at Clubhouse*

*We do our best to plan in advance for Bay Area traffic, however the times listed on Field Trip permission forms are approximate. If we are arriving at the Clubhouse later than our stated time, we will send a notification via email to all families.



Attendance Policy

If your child will NOT be in attendance, you MUST notify your Site Supervisor (text, email, phone call) two (2) hours prior to any field trip departure. If your child will be picked up by another adult, Club staff must be notified in writing with the adult's full name and parent/guardian approval. For the safety of all members, children are NOT allowed to be picked up while on a field trip without prior approval.

CampROCKS!

Summer Camps

Adventure awaits during the summer time as our campers embark on week-long adventures! Activities provided are hands-on, extended learning experiences designed to engage youth of all ages. Our camps have a focus on community field trips, leadership development, athletics, & the Arts.



Field Trips

Our field trips focus on exploring the community around us, supporting our youth interacting, engaging, and thinking creatively. On these days, the whole camp goes on the trip, no one stays behind. Field Trip permission slips will be required for youth to attend, the drop-off time is strictly enforced. Please be aware, if you arrive after the bus departs, you will need to make alternate arrangements for care that day. Youth may bring spending money, if there is opportunity to purchase items/food on the trip. Staff are NOT responsible for any members' personal belongings.

Swimming

We arrange weekly swimming field trips to a local pool. If the pool is outdoor, sunscreen will be required for all youth. Non-swimmers will be given games and activities to participate in for the duration of this field trip. Swimmers are expected to bring a swimsuit, towel, and a gallon-size Ziploc bag for wet clothes. Staff will be in the pool as well as on deck supervising for youth safety. Swim field trips have a 1 staff for every 6 youth ratio (1:6). Staff are NOT responsible for any members' personal belongings.

Local Community Park

Youth frequently visit local parks throughout the summer. Comfortable walking shoes are highly suggested. Youth do not need any spending money. Staff are NOT responsible for any members' personal belongings.



Member Code of Conduct

At the Boys & Girls Club, we want our space to be safe and welcoming for all members. While we appreciate each member's individuality, it is also necessary for members to follow rules and guidelines designed to keep our programs safe and fun for all.

We have developed a Code of Conduct detailing the expectations for all Club members to follow.



BE Safe

I will follow staff instructions and posted signs.I will keep my body and objects to myself.I will stay within designated boundaries.

I will remain with my staff member at all times.

BE Respectful

I will use good manners and appropriate language.

I will be considerate of the feelings of others.

I will deal peacefully with anger, insults, and disagreements.

I will do my best to forgive others.

BE Responsible

I will tell the truth in all situations.

- I will use self-control, and think before I act.
- I will be accountable for my words, actions, & attitude.
- I will set a positive example for others.
- I will clean up & put items away where they belong.

BE Fair

I will play by the rules.

- I will take turns and share.
- I will be open-minded and listen to others.
- I will strive to be equitable towards others.

BE An Ally

I will acknowledge & celebrate the differences in others.

- I will speak up, even when I feel scared.
- I will own my mistakes.
- I will build my community up, raising the voices of those less fortunate than I.

BE A Member

I will check in & out every day.

- I will have FUN.
- I will try to make new friends.
- I will participate in programs & activities.

Member Code of Conduct: Cyber Pledge

At the Boys & Girls Club, we want to build skills in technology and leadership. As we build these skills, members are expected to be safe, healthy, and respectful towards themselves and others.

We have developed a Code of Conduct for members to safely utilize technology at the Clubs.

I will respect myself and other members inside and outside the Club

I will not

- post anything rude, offensive, or threatening.
- send or forward images & information that might embarrass, hurt, or harass someone.
- take anyone's personal information & use it to damage his/her reputation.
- take anyone's picture without permission.
- take anyone's identity to mislead with peers.
- borrow or take anyone's device to send inappropriate messages or posts.
- allow others to use my device to send inappropriate messages or posts.

I will think before I post or send information

I agree not to post/send information & images that could put myself or others at risk, cause embarrassment, or potentially damage anyone's future, such as:

- cell & home phone numbers.
- · home addresses.
- · adult oriented messages.
- inappropriate pictures & videos.

I will protect myself online and while using personal devices

If someone makes me feel uncomfortable, or if someone is rude or offensive, I will

- not respond.
- save the evidence.
- tell my parent/guardian, and a trusted staff person.

Health & Emergency Procedures

Illness Policy

If a member becomes ill at the Club, he/she should be picked up within 60 minutes after contact has been made with the parent/guardian. The Boys & Girls Club of North San Mateo County will seek emergency medical treatment for members if parents cannot be reached. Parents will be responsible for any/all costs of medical attention and treatment.

Please be sure to keep your emergency contact information updated via portal.theclubs.org

Medicine Administration Policy

Prescription and non-prescription medicine may be stored and administered with a doctor's note. The medication MUST have the child's full name, doctor's information, administration instructions, and date on the original bottle. We are unable to administer over-the-counter medication at this time, nor will we administer medication labeled for another individual.

Please be sure to keep your child's medical information updated on the Parent Portal. If your child's allergies require treatment with an EpiPen, please discuss proper procedure with the Site Supervisor.

Emergency Procedures

In the event of an emergency, your child's safety is our top priority. Our staff are trained and will respond to emergency situations, ensuring all youth are safe, accounted for, and cared for. Families should be aware:

- Youth will not be released to <u>anyone</u> until the emergency situation has ended for the safety of all club members and staff. (example: If an Earthquake is currently taking place, all youth and staff will duck and cover. Once the Earthquake(s) have finished, we will evacuate the building. After the Leadership Team has ensured all youth, staff, and other on-site personnel are accounted for, families may begin to check-out their youth with a staff member.)
- Parents who are not with their children at the time of the emergency will be notified, when it is safe, regarding the emergency, contact information, and appropriate meeting place.
- Designated personnel, along with law enforcement (if applicable), will check the identification of those entering the facility/reunification area and coordinate signing out youth to parents/caregivers.

For further details, please see the Emergency Operations Plan, available online at www.theclubs.org

Please be sure to keep your emergency contact information update on the Parent Portal. Verify with your Site Supervisor that you are on our Constant Contact email list.

Safety at the Clubs...

Mandated Reporters

ALL STAFF are Mandated Reporters in accordance with California State Law and are REQUIRED by law to report any and all signs of child abuse or neglect to proper authorities.

Pick-Up Policy

- Members will only be released to adults listed on their contact list. Adults will be asked to provide a valid photo I.D.
- Members must be accompanied by a parent/guardian, or listed contact, in order to exit the premises.
- We ask that parents ensure members do not arrive early or leave late. There will be a \$20 late fee charged for every 15 minutes members remain at the Clubhouse past closing time.*

*The fee may be waived, provided that we are informed of the delay at least 15 minutes before the Club closes. The fee waiver is at the staff's discretion.

Restroom Policy

Restrooms shall be regularly monitored by Club staff. Monitoring includes walk-throughs, inspections and/or best practices outlined in our Restroom Use Policy. A minimum of three (3) members will be escorted by one staff member to the restroom. The staff member and two (2) other youth will wait outside the main entrance. This policy is to ensure there are NO 1:1 interactions between staff and youth.

Custody

Members with court mandated custody or visitation orders must submit a copy of the documents upon registration, or once the court documents become available.

Visitor Policy

Family & friends are encouraged to visit the Club. All visitors must sign in/out at the front desk. We ask that visitors pre-arrange with the Site Supervisor whenever possible to experience specific classes, programs, or activities. Youth visitors must be accompanied by a parent/guardian over the age of 18.

Personal Belongings

The Club is <u>not</u> responsible for any personal belongings. Personal belongings should be properly labeled with first & last name. Member should take home all personal belongings each day. Electronic devices are strongly discouraged during the school year, as members will not be allowed to use them during program hours. Valuables of any kind should not be brought to the Club. <u>Staff may confiscate personal items if they interfere with programming or club activities</u>.

The Boys & Girls Club will not be responsible for lost, stolen, or damaged items. Furthermore, lost and found items will be periodically donated to the local consignment store.



Safe Passage Policy

In the interest of your child's safety, the Boys and Girls Clubs of North San Mateo County have instituted a Safe Passage Policy. Under this policy:

- Members must sign in and out each day.
- Members must be picked up from the Club by a parent, guardian or authorized contact person.
- Members may leave the club unescorted with written permission from a parent or guardian and a signed release of liability.
- Older siblings/family members may escort members from the Club provided that the person is an authorized contact.
- Members that leave unescorted without written permission will face disciplinary action up to and including suspension and termination of membership.

Parents/guardians/authorized contacts are asked to enter and exit through the main door to drop off or pick up children.

The BGCNSMC encourages parents to keep their child's contact list current and updated with any person who may pick up their child. Staff will no longer manually add contacts to a member's profile. Parents may no longer call to add a contact member. Contacts must be managed (added or deleted) on the Portal: portal.theclubs.org.

The above not withstanding, the Club will not physically restrain a member that insists on leaving the Club, nor block the facility's exits. Therefore, it is each parent's responsibility to discuss the Club's Safe Passage Policy with his or her child and ensure that he or she complies. The Club will not accept responsibility for members that leave the Club unsupervised and in breach of this policy. Nevertheless, the Club reserves the right to discipline members that leave unescorted without written permission, up to and including suspension and termination of membership.



Dress Code

The Dress Code will be enforced at the Club and at any Boys & Girls Club sponsored activity. We appreciate your cooperation in supporting this policy.

- Shoes must be worn at all times. Open toed shoes and sandals are prohibited. Exceptions may include water field trips/events.
- Please do not wear revealing or provocative clothing.
- Clothes should conceal undergarments and midriffs at all times.
- · Jewelry should not be worn during physical activities.
- Any gang related clothing, jewelry, accessories, or body marking are prohibited.
- Clothing that promotes drug or alcohol use, violence, profanity, bigotry, or intolerance is prohibited.
- BGC field trip shirts must be worn on all club field trips.

Discipline Policy

All members must sign a Member Code of Conduct and Cyber Pledge at the beginning of the membership process.

If a member does not follow the Code of Conduct and Cyber Pledge policies, one or more of the following consequences may occur, depending on the severity of the action:

- Verbal Warning
- Mediation
- Parent/guardian conference
- · Limitation on program participation
- Suspension
- Removal from current program area
 Expulsion

If the violation is repeated frequently or is particularly severe, the following will occur:

- Incident Report: ALL incident reports must be signed by a parent/guardian before the member may return to regular programming.
- Parent/guardian conference.

The following violations may lead to immediate suspension or expulsion depending on the severity of the repetition of the action:

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- Physical violence, threats, or bullying
- Calling 9-1-1
- Destruction of property/Vandalism
- Possession of a weapon
- Theft
- Possession of illegal substances, drugs, or alcohol

Harassment

• Habitual late pick-up

Parental Release Form

I, the parent/guardian of the minor child listed on this application, for ourselves, our heirs, executors and administrators, hereby release, waive, acquit and forever discharge the Boys & Girls Club of North San Mateo County and Boys & Girls Clubs of America, their representatives, successors, insurers, assigns or any other person or entity associated with any of the above organizations such as staff, directors or volunteers, from all liability, claims, demands, or causes of action for any and all loss, damage, injury or death and any claim of damages resulting from use of facilities owned or controlled by the above organizations in activities of said organizations either at or away from the Club.

Data Collection

I give my permission to the Boys & Girls Club of North San Mateo County to collect information via online or written surveys, questionnaires, interviews, and focus groups from the minor child(ren) listed on my application. Any and all information received will be kept strictly confidential. Data gathered through these means will be summarized in the aggregate and will exclude all references to any individual responses. The aggregated results of these analyses may be shared with Club staff, Boys & Girls Clubs of America (BGCA), funders, and other community stakeholders to evidence program effectiveness and/or Club impact on our members.

Data Sharing

I understand that the Boys & Girls Club of North San Mateo County may share information about the minor child(ren) listed on my application with Boys & Girls Clubs of America (BGCA) for research purposes and/or to evaluate the program's effectiveness. Information that will be disclosed to BGCA may include the information provided on this membership application form, information provided by the minor child(ren)'s school or school district, and other information collected by Boys & Girls Club of North San Mateo County, including data collected via surveys or questionnaires. All information provided to BGCA will be kept confidential.

School Information

I give my permission to the Boys & Girls Club of North San Mateo County and Pacifica School District to exchange information regarding the minor child(ren) listed on my application. The purpose of the exchange is to help both organizations do a better job of helping the student be successful in school, in the Boys & Girls Club, and in life. This release is valid for one year and may be revoked at any time by contacting the Boys & Girls Club in writing.

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Parental Release Form continued...

Medical Treatment

I give permission to the Boys & Girls Club of North San Mateo County to seek emergency medical treatment for my minor child(ren) if I cannot be reached. I will be responsible for any/all costs of medical attention and treatment.

Technology

As a member of the Boys & Girls Club, your child(ren) will have access to the Internet. While precautions are being taken, it is possible who s/he may access inappropriate sites. The Boys & Girls Club will have rules and consequences at the Club for such behavior; however we will not be responsible for the consequences of such access.

Transportation

I hereby give permission for my child(ren) to be transported to events and field trips and returned to the point of origin by rented or owned vehicles by the Boys and Girls of North San Mateo County. I further consent to allow my child(ren) to use public transportation under the supervision of BGCNSMC staff and volunteers.

Photo Release

I give permission for my child(ren)'s picture, moving pictures, or any other graphic depiction or likeness, to be used by the Boys & Girls Club and its activities.

I also understand the Club is not, nor does it claim to be, a licensed day care center.

I have read the completed application and this form, understand the rules of the Boys & Girls Club and request my child(ren) be admitted into membership.

Miscellaneous

- I understand the Boys & Girls Club is NOT responsible for lost or stolen items.
- Parents and Club members are responsible for their own transportation to and from the Club, outside of the walking/driving program.
- I give my permission to the Boys & Girls Club of North San Mateo County to share information about the minor child(ren) listed on this application with Boys & Girls Clubs of America (BGCA) for research purposes and/or to evaluate the program's effectiveness. Information that will be disclosed to BGCA may include the information provided on my membership application form, information provided by the minor child(ren)'s school or school district, and other information collected by Boys & Girls Club of North San Mateo County, including data collected via surveys or questionnaires. All information provided to BGCA will be kept confidential.



Yosemite Clubhouse Administrative Offices

955 Yosemite Drive Pacifica, CA 94044 650-355-1334 www.theclubs.org Tax ID 94-1497000